

BEACH RETREATS

This access statement does not contain personal opinions as to our suitability for those with access needs but aims to accurately describe the facilities and services that we offer all our guests/visitors.

Access Statement for – Gaia

Address – Marine Drive, Widemouth Bay, EX230AG

Introduction

Immerse yourself in the elements at Gaia, a name meaning *Mother Earth*, or goddess of the Earth. Experience a transformative stay on the rugged Widemouth Bay coastline where land meets the water. Here, ultra-modern eco living aligns with the harmony of the tides. Disconnect from everyday life and feel grounded and connected to the earth, nature and ocean around you, holidaying both luxuriously and sustainably.

For bookings please contact Beach Retreats on 01637 861005 or visit www.beachretreats.co.uk

Pre-arrival Information

Nearest Airport – Cornwall Airport Newquay is located 36.7miles (56min drive) from the property.

Nearest train station is in Bodmin and is located 40.3 miles (50min drive) from the property.

For information on local buses and fares visit <https://www.gocornwallbus.co.uk/> and/or <https://www.firstbus.co.uk/cornwall>

The nearest mobility shop, Independent Living, can be found in Newquay, <https://independentlivingnewquay.com/> Tel: 01637 498015

Arrival & Parking

From the A30 heading south, take the first exit after Launceston sign posted, North Cornwall, Wadebridge & Camelford (A395/A39). Follow signs for Bude when you reach the A39 and Widemouth Bay will be sign posted as a left hand turn. Pass the Widemouth Manor and turn right. You will see the Atlantic View development on your left hand side as you approach the beach.

You will need to continue past towards the Black Rock carpark, which you will need to enter and Gaia is the first right past the cafe.

Private parking within the walled grounds – suitable for up to 5 cars.

Entrance to Property

- The property front door has a lip entrance step of 3cm. The front door width is 118cm.
- Once entered through the front door there is a console table and stool, table height reaches 81cm and the stool is 33cm.
- Internal door widths are each 84cm.
- Enters into large entrance hallway.

Yoga room and Spa

Spa area with a built-in wooden Finnish sauna and a walk-in resin rainfall shower, and floor space for yoga and Pilates. The door from this room leads to the outdoor hot tub, meaning you can enjoy the full spa experience.

- This enters a large open room.
- Entrance to the walk-in shower width is 70cm and the dials reach 105cm.
- The sauna door width is 72cm and the height to the first seat level is 50cm.
- To access outside and the use of the hot tub, there is a 5cm external lip.

Utility room

Handy utility room with washing machine and tumble dryer, big basin and door access to the garden with hanging space for wetsuits and a hot outdoor shower – great for rinsing off the sand after a day on the beach. WC with basin.

- Coat hangers reach a height of 170cm, and the shoe rack height is 75cm.
- The worktop height reaches 90cm.
- The WC toilet height reaches 44cm and the sink height is 87cm.

Bedroom 2

Three king rooms with side tables, reading lamps, dressing rooms with wardrobe and shelf space, and ensuite bathrooms each with a walk-in resin rainfall shower, WC, basin, heated towel rail, mirror.

- Bed height reaches 60cm.
- There is a 140cm gap from the bed to the closest wall and a gap of 55cm from the foot of the bed to the wall.
- The bedside table heights each reach 61cm.
- The dressing room wardrobe rail heights reach 190cm. And the chest of drawer height reaches 76cm.
- Patio access, there is a 5cm lip outside.

Ensuite

- The toilet height reaches 46cm.
- The shower screen entrance gap is 47cm and the dials reach 104cm from the floor.
- The sink height is 74cm.

Bedroom 3

One twin room with dressing room with wardrobe, ensuite with walk-in resin rainfall shower, WC, basin, heated towel rail, mirror.

- Twin bed heights are 50cm each and there is a 44cm gap between both beds.

- There is a 66cm gap from the foot of the bed to the wall and a 114cm gap from the bed to the patio doors and 97cm gap from the bed to the wall.
- The bedside table heights each reach 61cm.
- The dressing room wardrobe rail heights reach 190cm. And the chest of drawer height reaches 76cm.
- Patio access, there is a 5cm lip outside.

Ensuite

- The toilet height reaches 46cm.
- The shower screen entrance gap is 47cm and the dials reach 104cm from the floor.
- The sink height is 74cm.

Bedroom 4

- Bed height reaches 60cm.
- There's a gap of 85cm from the bed to the patio doors and a 45cm gap from the foot of the bed to the wall.
- The bedside table heights each reach 61cm.
- The dressing room wardrobe rail heights reach 190cm. And the chest of drawer height reaches 76cm.
- Patio access, there is a 5cm lip outside.

Ensuite

- The toilet height reaches 46cm.
- The shower screen entrance gap is 47cm and the dials reach 104cm from the floor.
- The sink height is 74cm.

The hallway narrows and the narrowest point reaches 79cm in width.

Bedroom 5

- Bed height reaches 60cm.
- There's a gap from the foot of the bed to the patio, the space width is 85cm.

- The bedside table heights each reach 61cm.
- The dressing room wardrobe rail heights reach 190cm. And the chest of drawer height reaches 76cm.
- Patio access, there is a 5cm lip outside.

Ensuite

- The toilet height reaches 46cm.
- The shower screen entrance gap is 47cm and the dials reach 104cm from the floor.
- The sink height is 74cm.

First floor

18 steps to the first floor, the handrail height reaches 98cm and each step has a depth of 17cm.

Master bedroom

Large master ensuite with walk-in resin rainfall shower, mirror, heated towel rail, WC and basin.

- Bed height reaches 55cm.
- Both bedside table heights reach 66cm.
- Distance from the bed to the wall is 64cm and the foot of the bed to the wall gaps 136cm.
- Single armchair height reaches 42cm.
- Bath in bedroom has a height of 49cm and a width of 74cm.

Kitchen/living/dining area

Huge, open plan living space, dining area and kitchen on the first floor with incredible full-width glass sliding doors displaying a panoramic view of the bay. Here, watch the ocean's moving canvas, with a view which changes every moment of the day. Watch the shifting colours of the sunrise and sunset, the tides as they ebb and flow, and the constant rhythm of morning surfers and busy beachgoers to those calm moments late in the evening as the sunbathers have dispersed and the sun dips behind the horizon.

Kitchen

Fully equipped kitchen with Avalanche Unistone quartz worktops, double fridge/freezer with water filter, induction hob, double oven, extractor fan, kettle, toaster, large plate warmer for dinners, dishwasher and microwave.

- Island and work top heights all reach 90cm.
- 2 x bar stools reach 73cm.
- The fridge top shelving height reaches 148cm.
- Double oven, top height dials reach 150cm and the bottom oven reaches 100cm.
- Magimix blender and milk frother available for use.
- Dual cabinet between kitchen and living room area, the height of the shelving reaches 140cm.

Dining

Large central dining table with overhanging feature lights, 10 chairs.

- Dining table height reaches 73cm and the 10 dining table chair height are each 45cm.

Living area

The living space features three sofas and two armchairs, all uniquely designed and handmade for the retreat. Two glass coffee tables, a large skylight, Sonos speaker system, and curtains for privacy and to make the room cosy late in the evening.

- Both blue sofas height is 42cm.
- Grey sofa height reaches 45cm.
- All single armchair heights are 37cm.
- 5 moveable beanbags.
- Coffee table height reaches 47cm.

Cinema room

Cinema room with 78-inch TV and large custom-made comfy sofa, made for movie night in stormy weather.

- The large corner sofa height reaches 45cm and the pouffe height is 47cm.

w/c

First floor WC with basin.

- Toilet height reaches 44cm and the sink basin is 88cm.

Outside

- Large garden with a high wall for privacy and shelter. Outdoor sofas, chairs and table. Hot outdoor shower.
- Huge wraparound balcony, with a large deck directly overlooking the sea and rolling dunes. Outdoor furniture for lounging.
- Roof terrace accessed through a button-controlled skylight. Make the most of Widemouth Bay's lack of light pollution with a night of stargazing.
- To access the roof terrace there are 17 steps up to the area, each with a step height of 23cm. There is a handrail to assist, reaching 100cm. To step to reach the terrace from the top step has a height of 30cm.
- Large high-quality bean bags to be used indoors and out.